AFRH - G / Master Menus Week of 4/15/2024/Cycle 1 - REGULAR LINE (Revision 2)

	BREAKFAST - 0700 - 0830	LUNCH - 1130 - 1300	DINNER - 1630 - 1800
M	Donuts / Bran Muffins / Apple Fritters	Fiesta Ham Soup	Fiesta Ham Soup
0	Assorted Danishes	Chicken Noodle Soup	Chicken Noodle Soup
N	Oatmeal / Grits	Club Sandwich Quarters / Chips	Assorted Deli Meats / Cheeses
	Eggs to Order	Smoked Sausage	Turkey Pot Pie with Biscuit Top
	Eggs - Scrambled / Hard Boiled	Louisiana Style Red Beans / Rice	Roasted Red Potatoes
Apr	Pork Bacon / Hash Browns	Fried Okra / Creamy Country Corn	Steamed Broccoli Florets
15th	French Toast Made to Order on the Grill	Brown & Serve / Cornbread / Corn Muffin	Grilled Veggie Blend
	Biscuits / Sausage Gravy	** HAPPY BIRTHDAY **	Assorted Rolls / Corn Muffin
T	Donuts / Bran Muffins / Apple Fritters	Clam Chowder	Clam Chowder
U	Assorted Coffee Cakes	Vegetable Beef & Barley Soup	Vegetable Beef & Barley Soup
E	Oatmeal / Grits	Citrus Salad	Assorted Deli Meats / Cheeses
S	Eggs to Order	Baked Salmon / Cucumber Sauce	Rosemary Garlic Pork Chop
	Eggs - Scrambled / Hard Boiled	Prime Rib / Bordelaise Sauce / Au Jus	Baked Sweet Potato
Apr	Creamed Chipped Beef	Baked Potato / Butter / Sour Cream	Butter Beans
16th	Pork Bacon / Lyonnaise Potatoes	Carrot Soufflé / Roasted Asparagus	Sautéed Cabbage
	Biscuits / Country Gravy	Parker House Roll / Assorted Desserts	Yeast Roll / Corn Muffin
W	Donuts / Bran Muffins / Apple Fritters	Chicken Tortilla Soup	Chicken Tortilla Soup
E	Cinnamon Rolls	Kansas City Steak Soup	Kansas City Steak Soup
D	Oatmeal / Grits	Chicken Cordon Bleu w/ Ltt Cream Sauce	Assorted Deli Meats / Cheeses
	Eggs to Order	Assorted Thin Crust Pizza	Fish Almandine / Roasted Chicken
A	Eggs - Scrambled / Hard Boiled	Bow Tie Pasta Salad	Rice Pilaf
Apr	Pork Bacon / Grilled Ham Steaks	Fried Cauliflower	Orange Glazed Beets
17th	Baked Beans / Buttery Diced Potatoes Corn Muffins / Biscuits / Country Gravy	Sautéed Brussel Sprouts Dinner Roll / Cornbread / Corn Muffin	Cape Cod Vegetable Blend Brown & Serve Roll / Corn Muffin
Т	Donuts / Bran Muffins / Apple Fritters	Chili with Beans / Pimento Cheese	Chili with Beans / Pimento Cheese
H	Assorted Muffins	Egg Drop Soup	Italian Wedding Soup
U	Oatmeal / Grits	Seafood Salad	Assorted Deli Meats / Cheeses
R	Eggs to Order	Sweet & Sour Pork Ribs	Country Fried Steaks/ White Gravy
'`	Eggs - Scrambled / Hard Boiled	Lo Mein Noodles	Mashed Potatoes / Brown Gravy
Apr	Sausage Patties / Hash Browns	Pacific Rim Vegetable Blend	Navy Beans with Ham
18th	_	Sugar Snap Peas / Fried Egg Rolls	Seasoned Cut Green Beans
10	Pork Bacon / Biscuits / Country Gravy	Parker House Roll / Corn Muffin	Yeast Roll / Cornbread / Corn Muffin
F	Donuts / Bran Muffins / Apple Fritters	Chicken & Rice Soup	Chicken & Rice Soup
R	Assorted Danishes	Split Pea Soup	Split Pea Soup
ı	Oatmeal / Grits	Hot Tamales / Sour Cream & Taco Sauce	Assorted Deli Meats / Cheeses
	Eggs to Order	Fried Shrimp / Cocktail & Tartar	Beef Stew with Potatoes & Carrots
	Eggs - Scrambled / Hard Boiled	Baked Potato / Butter / Sour Cream	over Steamed Rice
Apr	Creamed Ground Beef	Sautéed Fresh Thick Cut Squash	Stewed Tomatoes
19th	Pork Bacon / Home Fried Potatoes	Spinach Vrazel	Tuscan Vegetable Blend
	Biscuits / Country Gravy	Hushpuppies / Cornbread / Corn Muffin	Slider Roll / Corn Muffin
S	Donuts / Bran Muffins / Apple Fritters	Knickerbockers Soup	Knickerbockers Soup
Α	Honey Bun	Loaded Potato Soup	Loaded Potato Soup
T	Oatmeal / Grits	Cheesy Chicken Fritter w/ Dip	Assorted Deli Meats / Cheeses
	Eggs to Order	Ground Meat and Tomato Sauce	BBQ Beef Short Ribs
	Eggs - Scrambled / Hard Boiled	Spaghetti / Cheesy Rosemary Bread	Potato Salad
Apr	Corned Beef Hash	Buttered Whole Kernel Corn	Boston Baked Beans
20th	Pork Bacon / Hash Browns	Sautéed Fresh Thick Cut Zucchini	Sautéed Whole Green Beans
	Biscuits / Sausage Gravy	Garlic Bread / Cornbread / Corn Muffin	Dinner Roll / Corn Muffin
S	Donuts / Bran Muffins / Apple Fritters	Cream of Broccoli Soup	Cream of Broccoli Soup
U	Cinnamon Rolls	Home Style Vegetable Soup	Home Style Vegetable Soup
N	Oatmeal / Grits	Corn Dogs with Mustard	Assorted Deli Meats / Cheeses
	Eggs to Order / Cheesy Diced Potatoes	Fried Chicken	Meatloaf with Gravy on the Side
A	Eggs - Scrambled / Hard Boiled	Macaroni & Cheese	Mashed Potatoes w/Gravy
Apr	Pork Bacon / Smoked Rope Sausage	Collard Greens	Buttered Green Peas
21st	Waffles / Pineapple Topping Biscuits / Country Gravy	Sautéed Rutabagas with Ham Parker House Roll / Cornbread / Corn Muffin	Buttered Sliced Carrots Brown & Serve Roll / Corn Muffin
	Discuits / Country Gravy	Tarker House Roll / Combread / Com Mullin	Brown & GGIVE IXOII / GOITI MUIIIII

## **DESSERTS - REGULAR LINE**

MonBanana PuddingTueOatmeal & Raisin CookiesWedMS Mud CakeThuCheesecake w/DrizzleFriCoconut Meringue Pie

Sat Sugar CookiesSun Cherry Cobbler

## **DESSERTS - DIET LINE**

NSA Banana Pudding
Assorted SF Cookies
Fresh Fruit Cups
Sponge Cake with Blueberries
NSA Coconut Cream Pie
Assorted SF Cookies
Tropical Fruit Cups

## **GRILL OPTIONS (LUNCH ONLY)**

- \* Grilled Hamburger \* Grilled All Beef Hot Dog
- $^{\star}$  Grilled Skinless, Boneless Chicken Breast
- \* Grilled Cheese \* Grilled Ham & Cheese
- \* Breaded Cod Filet \* Bacon \* Cheese \* Chili
- \* Buns \* Flour Tortillas \* White & Wheat Bread
- \* French Fries \* Sweet Potato Fries
- \* Beer Battered Onion Rings (Wed Only)
- \* Condiment Stations Available